

Location: Rural Northwest Illinois

(100 miles west of Chicago)

4 County Population Base: 164,421

(Carroll, Lee, Ogle & Whiteside Counties)

Five Main Service Sites

Four Supported Living Sites

Two Outpost Sites

Sinnissippi Centers, Inc.

Dixon, Illinois

STAR Teams

**Lawrence A. Prindaville,
Executive Sponsor**

Project Team:

- **Randy A. Hayes, Project Director**
- **Natalie Andrews, Change Leader**
- **Tom Hermes, Admissions Leader**
- **Greg Gates, Marketing Leader**

Admissions Team:

- **Tom Hermes**
- **Amanda Blaine**
- **Valerie Howard**

Treatment Team:

- **Kevin Buss**
- **Sherry Dockins**
- **Kelly Burrows**
- **Spencer Anderson**

Year 2 Expansion Team:

- **Kim James**
- **Tom Butler**
- **Phyllis Berge**
- **Pam Browning**

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AIM:

- Increase the number of sessions members of the pre/contemplation group attend.

MEASURES:

- Comparison of February and July attendance records.

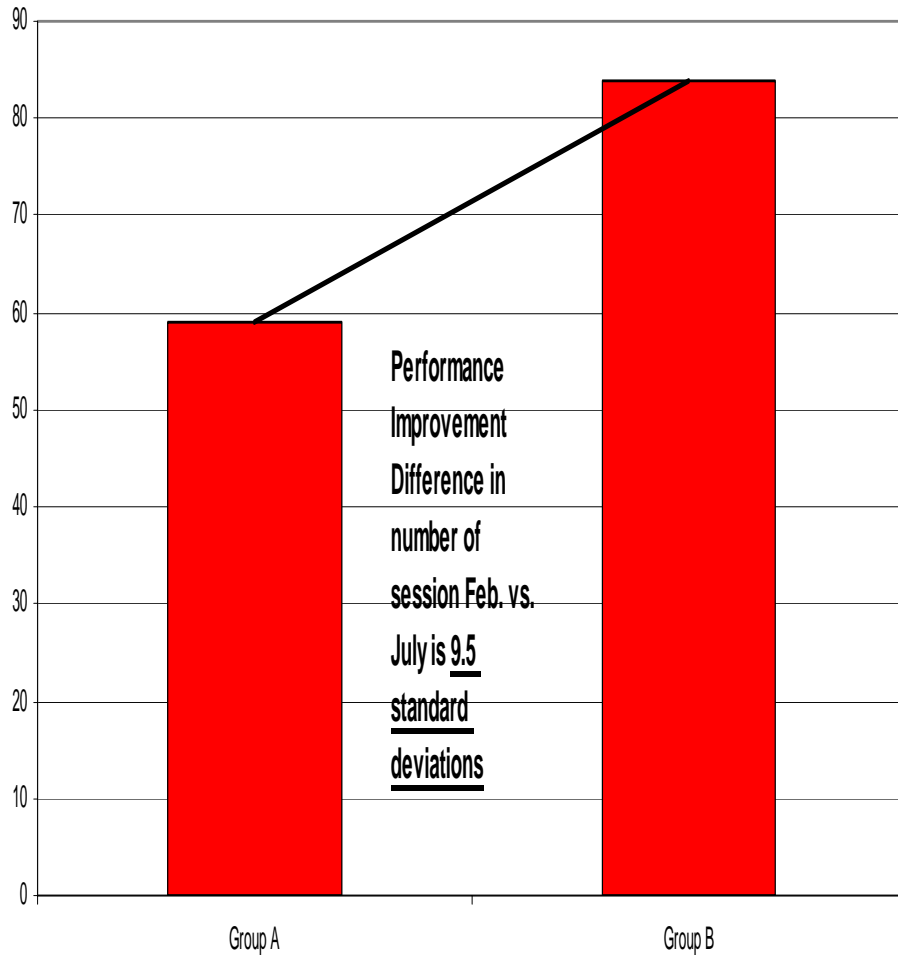
OUTCOMES:

- **Increase in total group member attendance.**
- **Increase in average number of sessions for Pre/contemplation IOP group attendees.**



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Results



Total Participants	February	July
Average # Sessions per participant	2.36	3.36
Total Sessions of all participants	59	84 Increase of 9.5 standard deviations

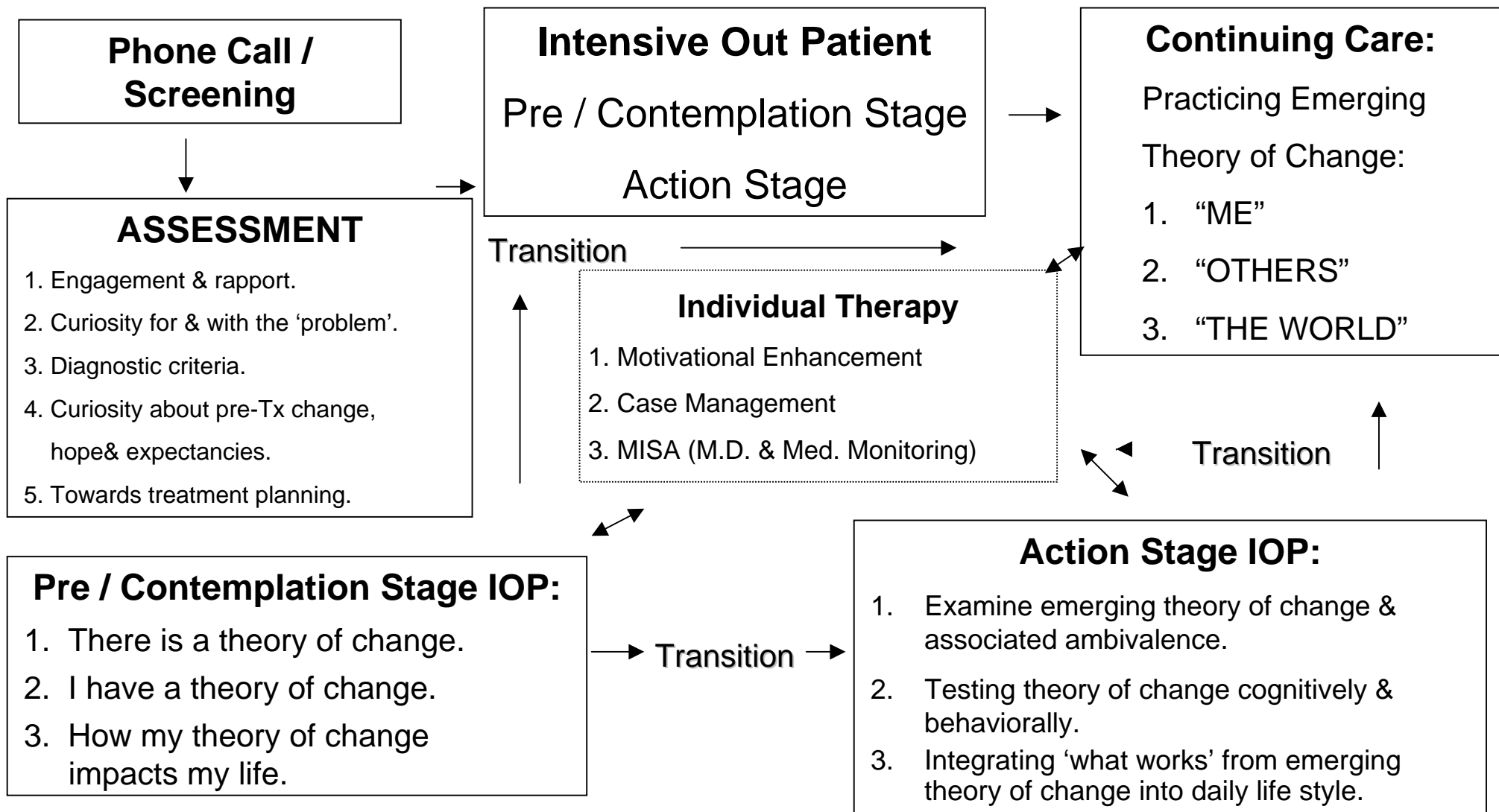
Total Sessions
Completed Didactic Group A Feb. 04 vs.
Completed Didactic & Process Group B July 04

Sinnissippi Centers, Inc. Successful Completion Pathway

Accessing & Amplifying + Indicators of Change:

Client's position: Clients theory of change: Pre-Tx change, Hope and Expectation .

Clinician's position : 'LAV'ing, Curiosity and "Being with the Client."



What's Changed

1. Welcoming towards early engagement (LAVing).
2. Group Process vs. Didactic Presentation.
3. “Story Telling”, Points of View, Amplification of meaning and ramifications.
4. Homework: Highlighting ambivalence.
5. Set backs, leaps forward, and sidetracking as part of the ongoing “story”.

What We've Learned

1. Developing Group Cohesiveness
2. Importance of Story Telling
 - Listening to Self
 - Listening to Others
 - Making Connections
3. The “Unfolding Story”
 - The “Fixed” vs. “Evolving Story”
 - Point of View: “Who Wants What”
 - Accessing Significant Metaphors- The Back Story
4. The importance of Tasking (Point of View)



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