

ITEMS TO REDEEM

PEN

RADIO

TOTE BAG

NAPSACK

CALCULATOR

DICTIONARY

PLANNER

T- SHIRTS

WATERBOTTLE

UMBRELLA

COSMETIC CASE/WALLET

CLOCK

METRO CARDS

GIFT CERTIFICATE

MACYS

OLD NAVY

MODELLS

TARGET

FOOTLOCKER

BATH & BODY WORKS

MOVIE PASSES

(ALL ITEMS ARE REDEEMABLE WHILE SUPPLIES LAST)

The more points you accumulate the bigger your prize will be

North Brooklyn Health Network

Cumberland Diagnostic & Treatment Center

Department of Psychiatry

Division of Chemical Dependency

Motivational Incentive Program

Patient Incentive

&

Recognition Program

2008



*Start earning your points
today*



Questions and Answers

Who can accumulate points?

Chemical Dependency Population

Once you are enrolled into the CD&TC you will begin earning points.

How do I accumulate points?

Showing up for treatment, five consecutive days ***** 5 points

Attending group, individual sessions

Negative toxicology for illicit drugs (weekly)***** 5 points

Positive Phase Movement ***** 15 points

Completing Acupuncture (21 visits)***** 20 points

Keeping medical, dental appointments ***** 10 points

Keeping initial vocational /follow up appointments ***** 10 points

Completing job training program***** 30 points

Completing five assigned volunteer task***** 15 points

Obtaining meaningful employment with verification *(1)7 day unlimited Metro card

Attending vocational /educational preparation program***** Daily Metro Card

Who will be responsible for maintaining your points?

Once points are awarded the patients will be responsible for their own points

When and Where can I cash my points?

All points can be redeemed at the weekly Community Meeting

Incentive items may also be picked-up by appointment with

Ms. Dawn M. Adams, MS Rehabilitation Counselor

The Cumberland Diagnostic & Treatment Center Incentive & Recognition Program started in July 2004. Since its inception clients have developed a desire to attend treatment daily, participate in groups, keep all scheduled appointments and submit toxicology free from illicit substances.

It is during the summer months that we experience a decrease in attendance, however with the help of the incentive program the attendance has shown improvement. The best outcome can be measured by those who have utilized the tools provided by their commitment to treatment. becoming gainfully employed, completing skills training regaining custody of their children and most important maintaining abstinence.

Clients used the program to achieve small goals one day at a time.

SOME MAIN HIGHLIGHTS:

- ✓ SHOPPING @ TARGET FOR ITEMS FOR THEIR NEW APARTMENT
- ✓ GOING TO MACY'S TO BUY CLOTHES FOR THAT JOB INTERVIEW, COURT DATE OR FAMILY VISITS
- ✓ BUYING CHRISTMAS GIFTS FOR THEIR CHILDREN
- ✓ GETTING TO WORK OR TO TREATMENT ON TIME
- ✓ UTILIZING PLANNERS TO STAY ABREAST OF ALL APPOINTMENTS AND DEVELOPING TIME MANAGEMENT SKILLS.
- ✓ GOING TO THE MOVIES WITH FRIENDS AND FAMILY
- ✓ ACCUMULATING ALL THEIR GIFT CARDS AND GOING ON A SHOPPING SPREE