

Motivational Incentive Program

Here at Woodhull Hospital, we realize that detoxifying from drugs and/or alcohol takes courage and a strong commitment to sobriety. To help you stay motivated and complete the Detox process, we offer you rewards to encourage you along the way.

The Motivational Incentive Program (reward program) is based on your participation and involvement in your own treatment process. The Point Card helps you stay on target with your treatment goals and helps you to track your progress. Points will be recorded on your card. The points you have earned can be exchanged for items in the rewards cart, during the Rewards Groups.

- ◆ In your first session you will receive a reward.
- ◆ Sit down with, and get to know your counselor, while the two of you identify alternatives, and plan your care.
- ◆ You are strongly encouraged to attend all your groups, and you will receive 10 points per group.
- ◆ Please listen to the suggestions of your healthcare workers, and you will receive 10 points. (Vital signs readings...)
- ◆ Work closely with your counselor to plan for your next treatment program, and upon your completion of Detox you will receive a special surprise.

Stick to it!!! Your future is in your hands. We believe you can make this inpatient stay a positive step in your recovery.

Congratulations and best of luck in reaching your goals!

Woodhull North Brooklyn
Health Network

