

# WELCOME TO THE WRA *EVENING INTENSIVE OUTPATIENT* TREATMENT PROGRAM

## *Mentee Information Sheet*

*(Mentee keeps this copy for her own reference)*

Hi, \_\_\_\_\_. I'm your mentor. My name is \_\_\_\_\_. I've been here at WRA for \_\_\_\_\_ weeks/months. I have \_\_\_\_\_ days clean and sober. I'll be showing you around, introducing you to others and answering your questions.

### **Some things to know about the CENTER:**

- Your counselor's office is door # \_\_\_\_\_ and her name is \_\_\_\_\_. You will do your individual counseling sessions in this office.
- As you first enter the Center you'll see a large room - this is the psycho-education room. We will do all of our treatment groups in this room.
- To pay your treatment fees you will check in with the receptionist at the front desk every night. When your bill is paid, you will receive a pass that you will give to the facilitator when you enter group.
- The Center is a non-smoking facility - you can't smoke inside or outside on the Center property.
- The bathroom is upstairs (I'll show you where it is).
- The group facilitators ask about new clients, so during your first week here you'll be welcomed in the groups and asked to introduce yourself.

### **Some things to know about the WRA:**

- The WRA Alumni Sobriety Celebration meeting is on the first Thursday of the month at 7:00 PM. It is held at the Church across El Camino at Chapin. You can see it from the center.
- You will be provided an Orientation Packet with the rules and other information. Please feel free to ask me any questions that may come up for you while reading this packet.
- The Orientation Packet outlines several assignments, beginning with Step 1, that is due within your first 2 weeks at WRA. Other assignments will be discussed with you at the time of your first meeting with your primary counselor.

As your mentor I am here to help you with your journey of recovery at WRA. If there is something you need or a question you have, I will do my best to assist you!

**Sincerely, \_\_\_\_\_, your WRA Mentor**