

“NIATx Goes International” – The UNODC Treatnet Project



Presented by Beth Rutkowski and Michael Boyle, June 25, 2008

Introduction

- In December 2005, the United Nations Office on Drugs and Crime (UNODC) launched the “**International Network of Drug Treatment and Rehabilitation Resource Centres**,” a global initiative to address the growing demand for accessible and quality drug treatment and rehabilitation services.



Introduction, continued

- UCLA Integrated Substance Abuse Programs (ISAP) was chosen as the lead Centre for the treatment capacity building arm of this UNODC effort. This capacity building plan was implemented in collaboration with the Resource Centres, a taskforce of experts on drug treatment, and UNODC professionals.



Treatnet Vision and Mission

- **VISION:**

All persons whose lives are impaired by drug use receive a wide range of services.

- **MISSION:**

To reach out to service providers to improve the quality, accessibility, and affordability of drug treatment and rehabilitation services.



Participating Worldwide Resource Centres By Country

- 
- **Australia**
 - **Brazil**
 - **Canada**
 - **China**
 - **Colombia**
 - **Egypt**
 - **Germany**
 - **Indonesia**
 - **India**
 - **Iran**
 - **Kazakhstan**
 - **Kenya**
 - **Mexico**
 - **Nigeria**
 - **Russia**
 - **Spain**
 - **Sweden**
 - **United Kingdom**
 - **USA**

Treatnet Members



Treatnet Aim

- Promoting and supporting worldwide evidence-based and ethical prevention and treatment policies, strategies and interventions to reduce drug use and dependence, including their related health, social and economic consequences.



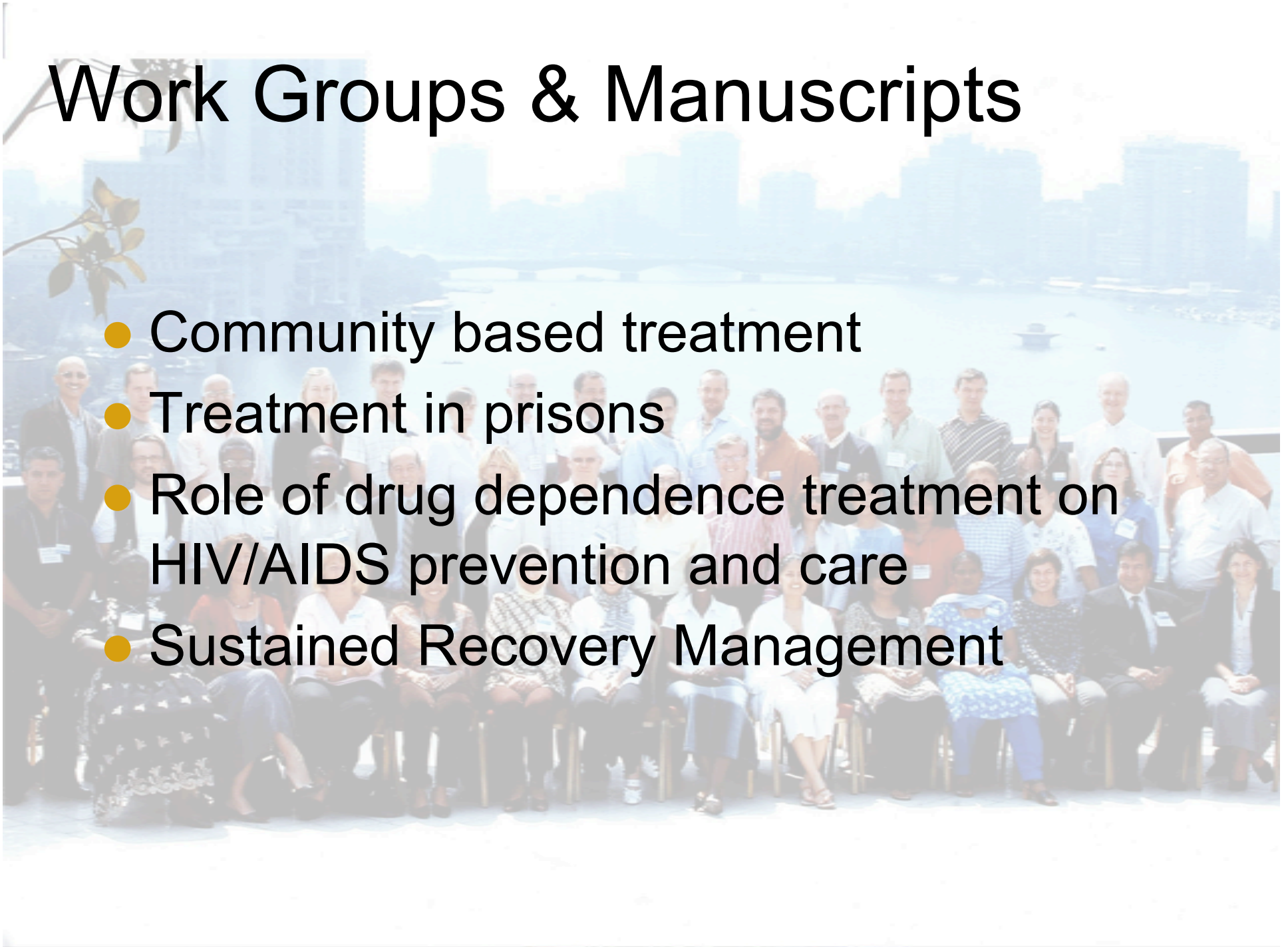
Three Key Components

- **Advocacy** for drug use and prevention and treatment
- **Dissemination** of good practices/training
- **Development** of addiction treatment services

Overall strategy = to build a worldwide bridge between research evidence and practices

Work Groups & Manuscripts

- Community based treatment
- Treatment in prisons
- Role of drug dependence treatment on HIV/AIDS prevention and care
- Sustained Recovery Management



Treatnet Training Package

- Increase the **level of knowledge** on substance abuse around the world.
- Comprehensive **addiction training materials** designed to be used by professional trainers to **improve the treatment practices** of health care professionals in substance abuse treatment settings.
- Developed by a **consortium of clinical experts, researchers, and trainers** from around the world.
- Most **current, accurate, and empirically supported** information incorporated.

Treatnet Capacity Building Volumes and Modules

Volume A: Screening, Assessment and Treatment Planning

Module 1: Screening and Brief Intervention (ASSIST)

Module 2: Client Assessment using the ASI

Module 3: M.A.T.R.S. Treatment Planning Utilizing the A.S.I

Volume B: Elements of Psychosocial Treatment

Module 1: Drug Addiction and Basic Counselling Skills

Module 2: Motivating Clients for Treatment & Addressing Resistance

Module 3: Cognitive Behavioural and Relapse Prevention Strategies

Volume C: Medical Treatment of Addiction

Module 1: Basics of Addiction: Alcohol, Benzos, Stimulants, Inhalants

Module 2: Basics of Addiction: Opioids (agonist, partial agonist, and antagonist therapies)

Module 3: Special Population Issues: Women, Adolescents, & COD

Volume D: Program Management Strategies

Topic 1: Improving Patient Access and Retention (NIATx)

Topic 2: Clinical Supervision

Topic 3: Program Evaluation

Topic 4: Harm Reduction

Training Package Content

- 1,346 PowerPoint slides with Instructors' Guide corresponding to each slide
- 112 Clinical Worksheets
- 6 Training and Content Manuals
- Administrative Toolkit (Volume D)
- Pre/Post Assessment for each module
- Trainee Satisfaction Feedback Forms
- Extensive Reference Section

The Audience

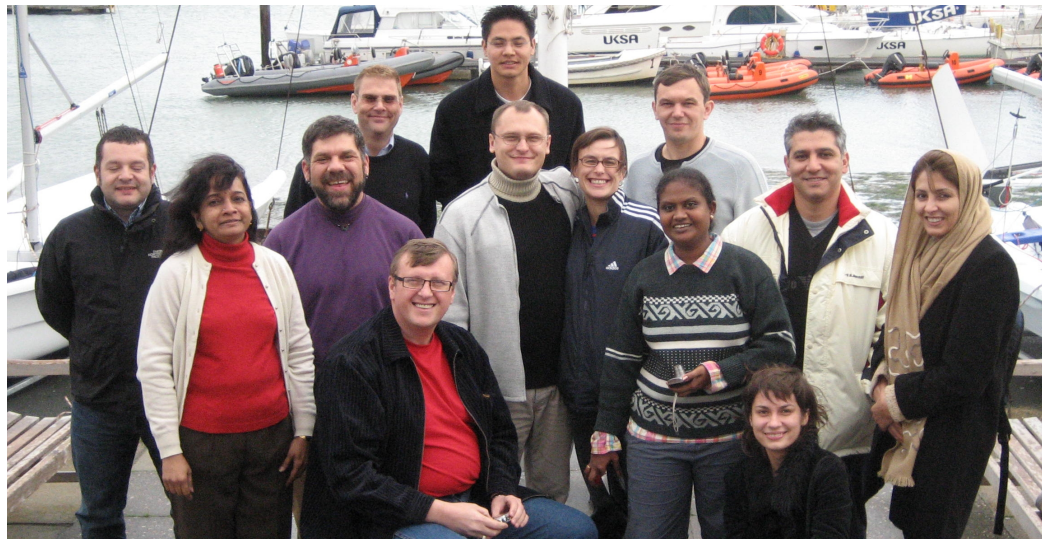
- **Service providers** (physicians, psychiatrists, psychologists, counselors, social workers, case workers, nurses, health educators, prison staff, etc.);
- **Service managers**;
- **Planners**; and
- **Students** from throughout the world.
- The materials have been designed for use by Treatnet trainers in the existing network of Treatnet Resource Centres.

Capacity Building Activity Participants – November/December 2006



December 2006
USA

November 2006
United Kingdom



Capacity Building Activity Participants – December 2006



**December 2006
USA**

**December 2006
Australia**





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613-237-1457

THE WORLD

WORLD COORDINATE PROJECTION
Scale: 1:100,000,000
Projection: Mercator
Datum: WGS 84
Units: Meters
Spheroid: WGS 84
Semi-major axis: 6378137
Flattening: 1/29825258.7
Datum shift: 0
Units: Meters
Scale: 1:100,000,000
Projection: Mercator
Datum: WGS 84
Units: Meters
Spheroid: WGS 84
Semi-major axis: 6378137
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Datum shift: 0



Treatnet Training Activities – Impact

Treatnet Training Activities	Volume A (7 Trainers)			Volume B (18 Trainers)			Volume C (4 Trainers)			Totals
	Mod 1	Mod 2	Mod 3	Mod 1	Mod 2	Mod 3	Mod 1	Mod 2	Mod 3	
ITEMS	Mod 1	Mod 2	Mod 3	Mod 1	Mod 2	Mod 3	Mod 1	Mod 2	Mod 3	
Number of participants	125	67	74	274	289	307	112	112	65	1361 people trained
Number of cohorts	7	5	3	9	14	22	5	5	2	72 cohorts
Training Satisfaction Survey (average score out of 4)	3.7	3.5	3.5	3.6	3.6	3.8				3.6 (out of 4)

Training Impact as of Sept 1, 2007

- Over **210 training sessions** conducted in **22 countries**
- Over **3,500 individuals trained** in one-day training plus follow-up mentoring
- **Training materials** to be **adopted** by a number of countries as core national addiction training package
- Training Materials translated into **at least 8 languages**
- **Influenced National Drug Plan** for 4+ countries
- Two major evaluations conducted, **results pending**

Trainee Comments

- “[The training was] focused, intelligent and precise”
- “I’ve learned new counseling skills that I didn’t know. I appreciate and thank all who are concerned with our learning.”
- “It was very motivating and important knowledge for health workers to be equipped to handle patients.”
- “[The training could be improved by] increased training time.”

Trainer Comments

- “[My Treatnet colleagues] are wonderful. In fact we are all like brothers and sisters. What a pleasant surprise. The whole world in the cozy training room.”
- “The problem of drug abuse is rampant in our society. It is my wish that I shall be able to extend tentacles and reach ...in the smallest health units and other N.G.O.s, train them and supervise them as they put knowledge and skills in practice. I believe that with proper training, there will be a relief of the disease burden on the national economy.”

Volume D: Administrative Toolkit

- The format and content of Volume D **differs** from that of Volumes A, B, and C.
- Volume D comprises a set of **administrative** and **operational procedures** that have been found to improve the delivery of substance abuse services.
- The material in this toolkit is organized as **summaries** of administrative topics with **links to resource documents**.

Volume D: Administrative Toolkit

- Topic 1: Improving Patient Access and Retention (NIATx)
- Topic 2: Clinical Supervision Techniques
- Topic 3: Program Evaluation Methods
- Topic 4: Harm Reduction and HIV Risk Reduction Strategies

Improving Patient Access and Retention (NIATx) – Screen Shot from Website

UNODC: Treatnet Training Package - VOLUME D - Windows Internet Explorer

http://www.uclaisap.org/InternationalProjects/html/unodc/UN%20September%202007/Volume%20D/training-package-volD.html

File Edit View Favorites Tools Help

UNODC: Treatnet Training Package - VOLUME D

» Home | » UCLA Integrated Substance Abuse Programs

UCLA Integrated Substance Abuse Programs

INTERNATIONAL PROJECTS

Wednesday, April 30, 2008

UNODC | DSSAT | MERC | CBTPRSA

UNODC: Treatnet Training Package Materials (United Nations Office on Drugs and Crime)

» UNODC Treatnet Site

VOLUME D: Administrative Toolkit

The format and content of Volume D differs from that of Volumes A, B, and C. Volume D comprises a set of administrative and operational procedures that have been found to improve the delivery of substance abuse services. The material in this toolkit is not organized as lectures with PowerPoint slides but as summaries of administrative topics with links to resource documents.

Topic 1: Improving Patient Access and Retention (NIATx)

One of the most important clinical challenges that many substance abuse treatment organizations face is the development of procedures for rapidly and efficiently engaging new clients into treatment and retaining them for a meaningful period of time. This topic features information from The Network for the Improvement of Addiction Treatment (NIATx), a project sponsored by the Robert Wood Johnson Foundation and the U.S. Substance Abuse and Mental Health Services Administration that promote practices to improve engagement and treatment.

» NIATx Overview [PDF] [MS Word]

» NIATx Website Guide [PDF] [MS Word]

» NIATx Smart Chart: A Quick Guide to the NIATx Model of Process Improvement (Updated Feb. 13, 2008)

» Conducting a Change Project (Updated Feb. 13, 2008)

Topic 2: Clinical Supervision Techniques

A major limitation to the successful implementation of new medications and behavioural treatment practices is the shortage of qualified clinical supervisors to properly guide the practices of clinicians. This topic provides an overview of the critical elements required to provide adequate clinical supervision and provides links to excellent resources that promote good clinical supervision practices.

» Clinical Supervision Overview [PDF] [MS Word]

» Clinical Supervision: Building Chemical Dependency Counselor Skills

» Clinical Supervision - Part 1: Models of Clinical Supervision

We would love to hear from you. Contact the project director, Anne Bellows, at: abellows@mednet.ucla.edu

SITE LINKS:

» UNODC Treatnet Site

» Treatnet Mission

» Treatnet Members

» Training Package

» Substance Abuse Info & Funding Resources (PDF file format)

» Press Releases

UCLA PROJECT STAFF:

Richard A. Rawson,
Principal Investigator

Walter Ling,
Co-Principal Investigator

Maria Zarza, Senior Writer,
Research Associate

Anne Bellows,
Project Director

Thomas Freese,
Content Expert

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Individuals Involved in International Learning Collaborative/Demonstration Project

- Juana Tomas Rossello and Anja Busse – UNODC
- Rick Rawson, Beth Rutkowski, and Anne Bellows – UCLA ISAP
- Todd Molfenter and Jay Ford – NIATx NPO
- Michael Boyle and David Moore – Fayette Companies (USA)
- Nancy Paull – SSTAR (USA)
- Nael Hasan (Egypt)
- Max Hopperdietzel (Germany)
- Adline Andrews (India)
- Riza Sarasvita (Indonesia)
- Parviz Afshar (Iran)
- Akin O. Akinhanmi (Nigeria)

NIATx-Related Materials Developed/ Adapted for Volume D

- NIATx Overview
- NIATx Website Guide
- NIATx Smart Chart: A Quick Guide to the NIATx Model of Process Improvement
- Conducting a Change Project

Demonstration Project – Timeline of Activities

- Jan 2007 – Planning/material development
- Feb 2007 – Group conference call
- Feb-August 2007 – coaching/change project experimentation and implementation
- May 2007 – Group conference call
- July-August 2007 – Project write-ups

Coach/Focal Point Pairings

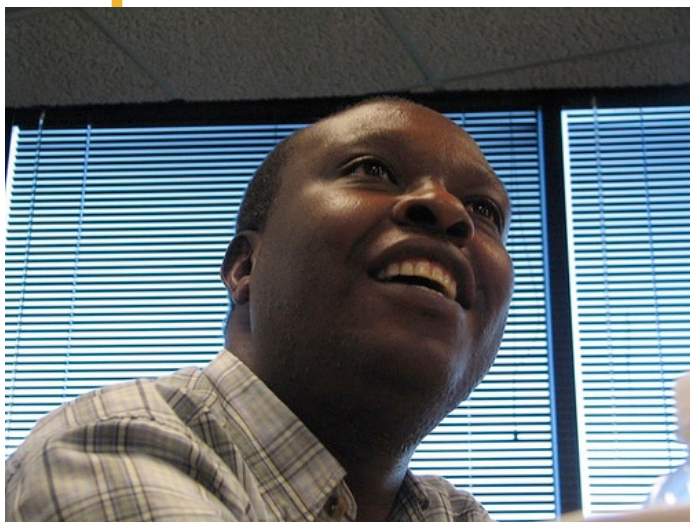
NIATx/PI Coach	Focal Points/ Countries
Michael Boyle, Fayette Companies (IL)	Max (Germany) and Akin (Nigeria)
Nancy Paull, SSTAR (MA)	Adline (India), Riza (Indonesia), and Nael (Egypt)
Beth Rutkowski, UCLA (CA) and David Moore, Fayette Companies (IL)	Parviz (Iran)

Primary Communication Methods

- Group and individual **coaching conference calls** held via Skype and UNODC international conference call line
- **Written communication/e-mail** correspondence

Focal Point Case Studies

Germany, Indonesia, and India



NIATx at Mudra Nuremberg, Germany

- Clients of **methadone** services employed in **agency firewood business**
- Three month wait for employment with average **20% vacancies**
- Rapid cycle change: Offer **weekly walk-in employment assessments**
- Results: **full work slots and increased revenues**

NIATx at Mudra Nuremberg, Germany

Results, continued:

- No shows **reduced** from 45-55% to **less than 10%**
- **Savings** in staff time
- Unoccupied employment slots **reduced to zero**
- Increased **revenues**

NIATx at Mudra Nuremberg, Germany

Another walk-through and more changes:

- New phone system and improved processes
- Physical plant improvements for clients areas

NIATx at Mudra Nuremberg, Germany

Next steps:

- Change team to **improve services** to persons from the **Middle East**
- Applying to EU to **start a European Treatnet**

“ NIATx will be one of the main topics in the Network” – Max Hopperdietzel,
Mudra

NIATx at the Drug Dependence Hospital Jakarta, Indonesia

- **Non-maintenance program (NMP) outpatient patients**
- **No specific treatment plan and low treatment adherence (1.3 sessions, avg. LOS <2 weeks)**
- **Rapid cycle change: structured treatment plan established (for 5+ sessions)**
- **Interim results: 3 of 7 potential patients joined NMP program (1 of the 3 patients attended 7 sessions; 2 of the 3 attended 2 sessions)**

Lessons Learned, Drug Dependence Hospital in Jakarta, Indonesia

- GPs involved in NMP admitted restructured program gave them **more confidence** to handle patients
- GPs felt **secure** because of the **teamwork approach** to treatment
- Change Team made request to **extend** the pilot project until the end of the year (to see potential **long-term impact** of change)

NIATx at TT Ranganathan Clinical Research Foundation, India

- **Inpatient** treatment clients
- **No-shows to admission** following assessment (ranged from 19-44/month)
- Rapid cycle changes: patient **meets with Medical officer**, receptionist/intake counselor **calls patient** if they miss admission appointment
- Results: Between **57-80%** of patients who originally did not show for admission appt. were **eventually admitted** into program

Lessons Learned/Next Steps, TT Ranganathan Clinical Research Foundation, India

- Family members were **happy to receive phone call** to reschedule admission appointment
- If date of admission occurs **more than 20 days** from assessment, there is a **good chance the patient will not show up**
- Next steps include **decreasing waiting time** for an inpatient bed

Vol. D Demonstration Project – Lessons Learned

- Access and engagement issues are similar in other parts of the world;
- With a little coaching and information sharing, NIATx can be adapted for use in other countries; and
- Agency representatives in several countries were able to experiment with the NIATx PI model to positively impact their agencies' procedures

A group of approximately 20 people, including men and women of various ethnicities, are posed for a group photo in a well-lit indoor setting, likely a conference or event. They are dressed in business casual attire. The background shows a large, modern interior space with a high ceiling and recessed lighting. Overlaid on the image is text in black and yellow. The text reads: "The End... Thank you for your attention!" in large black font. Below that, in smaller black font, it says "For more information, contact: Beth Rutkowski" followed by the email address "brutkowski@mednet.ucla.edu" in yellow. At the bottom, it says "Mike Boyle" in black font, followed by the email address "mboyle@fayettecompanies.org" in yellow.

The End... Thank you for your attention!

For more information, contact:

Beth Rutkowski

brutkowski@mednet.ucla.edu

Mike Boyle

mboyle@fayettecompanies.org